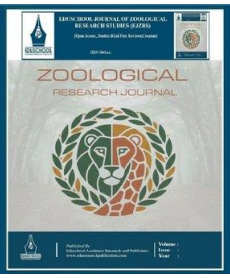
EDUSCHOOL JOURNAL OF ZOOLOGICAL RESEARCH STUDIES (EJZRS)

(Open Access, Double-Blind Peer Reviewed Journal)

ISSN Online: 3139-9215



Anthropogenic Pressures and Species Extinction Rates

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Article information

Received: 7th December 2025
Received in revised form: 8th January 2026
Accepted: 9th February 2026
Available online: 22nd March 2026

Volume: 1
Issue: 1
DOI: https://doi.org/10.63090/EJZRS/3139.9215.0003

Abstract

The current rate of species extinction far exceeds natural background rates, driven primarily by anthropogenic activities. This review synthesizes evidence from multiple disciplines to examine how human-induced pressures—including habitat destruction, overexploitation, invasive species introductions, climate change, and pollution—accelerate biodiversity loss. Contemporary extinction rates are estimated at 100-1000 times the background rate, with projections suggesting further acceleration without intervention. Habitat loss remains the predominant threat, affecting approximately 85% of threatened species, followed by overexploitation (63%) and invasive species (54%). Climate change, while currently impacting 49% of threatened species, represents an escalating threat with potentially catastrophic consequences for biodiversity. Synergistic interactions among these pressures compound their individual effects, creating extinction vortices that challenge conservation efforts. This paper examines the mechanisms through which anthropogenic pressures operate, evaluates their relative contributions to extinction risk, and discusses implications for conservation policy and practice.

Keywords:- Extinction Rates, Biodiversity Loss, Habitat Destruction, Anthropogenic Impacts, Conservation Biology

I. INTRODUCTION

Earth's biodiversity faces an unprecedented crisis. The current geological epoch, increasingly recognized as the Anthropocene, is characterized by human domination of planetary ecosystems and a corresponding acceleration in species extinction rates (Ceballos et al., 2015). Paleontological records indicate that background extinction rates—the natural rate at which species disappear in the absence of catastrophic events—average approximately 0.1 extinctions per million species-years (E/MSY). However, contemporary assessments suggest current rates have reached 100-1000 E/MSY, marking what many scientists characterize as Earth's sixth mass extinction event (Barnosky et al., 2011; Pimm et al., 2014).

The proximate causes of modern extinctions are overwhelmingly anthropogenic. Unlike previous mass extinctions driven by asteroid impacts, volcanic activity, or gradual climate shifts, the current biodiversity crisis stems from a constellation of human activities that have fundamentally transformed the planet's ecosystems. Habitat destruction through agricultural expansion, urbanization, and resource extraction fragments once-continuous landscapes, while overexploitation depletes populations faster than they can recover. Humans have also inadvertently facilitated biological invasions by transporting species across natural barriers, disrupted atmospheric and oceanic systems through greenhouse gas emissions, and contaminated terrestrial and aquatic environments with novel pollutants (Maxwell et al., 2016).

Understanding the mechanisms through which anthropogenic pressures drive extinction is essential for developing effective conservation strategies. These pressures rarely operate in isolation; instead, they interact synergistically to compound extinction risk through feedback loops and cascade effects (Brook et al., 2008). For instance, habitat fragmentation may increase a population's vulnerability to invasive species, while climate change amplifies the impacts of existing stressors by shifting suitable habitat ranges or disrupting phenological relationships. This review examines the major anthropogenic drivers of extinction, evaluating their individual and interactive effects on biodiversity loss.

II. HABITAT LOSS AND FRAGMENTATION

Habitat loss represents the single most significant driver of contemporary biodiversity decline, affecting approximately 85% of threatened species according to International Union for Conservation of Nature (IUCN) Red List assessments (Maxwell et al., 2016). The conversion of natural landscapes for agriculture, infrastructure development, and urban expansion has resulted in the destruction of approximately 50% of Earth's habitable land surface, with tropical forests, grasslands, and wetlands experiencing particularly severe degradation (Newbold et al., 2015).

The mechanisms through which habitat loss drives extinction are multifaceted. Direct mortality occurs during land conversion activities, while surviving populations face reduced carrying capacity in remaining habitat fragments. Small, isolated populations experience increased vulnerability to demographic stochasticity, environmental perturbations, and genetic erosion through inbreeding depression and loss of adaptive potential (Frankham, 2005). Edge effects at fragment boundaries create microclimatic gradients that alter species composition and ecosystem processes, often favoring generalist species over habitat specialists.

Habitat fragmentation, distinct from but often accompanying habitat loss, disrupts landscape connectivity essential for population persistence. Meta-population dynamics depend on dispersal between patches, allowing recolonization of locally extinct populations and maintaining genetic diversity through gene flow. When fragmentation severs these connections, populations become functionally isolated, increasing extinction probability through demographic collapse (Hanski, 2015). Species with specialized habitat requirements, limited dispersal abilities, or large home ranges prove particularly vulnerable to fragmentation effects.

III. OVEREXPLOITATION

Overexploitation—the harvesting of species at rates exceeding population replacement—affects 63% of threatened species and has driven numerous taxa to extinction or near-extinction (Maxwell et al., 2016). Historical examples include the passenger pigeon (Ectopistes migratorius), hunted to extinction despite once numbering in the billions, and the great auk (Pinguinus impennis), eliminated by collectors and sailors seeking food and bait. Contemporary overexploitation manifests across diverse contexts, from commercial fisheries depleting marine stocks to illegal wildlife trade targeting rhinoceroses, pangolins, and tropical birds.

Marine ecosystems face particularly severe overexploitation pressure. Industrial fishing has removed approximately 90% of large predatory fish from the oceans, fundamentally altering marine food webs and ecosystem structure (Myers & Worm, 2003). Bottom trawling—a fishing method dragging weighted nets across the seafloor—destroys benthic habitats while capturing target species, creating cascading effects throughout marine ecosystems. Bycatch, the incidental capture of non-target species, kills an estimated 300,000 cetaceans, tens of thousands of sea turtles, and millions of seabirds annually.

Terrestrial overexploitation increasingly focuses on species valued in traditional medicine or as luxury goods. Rhinoceros horn, valued in some cultures for purported medicinal properties despite lacking therapeutic compounds, has driven intensive poaching that threatens all five rhinoceros species with extinction. Pangolins, the world's most trafficked mammals, face similar pressure for their scales and meat. Selective harvesting of large-bodied or reproductively valuable individuals disproportionately impacts population dynamics by removing prime breeding stock and altering demographic structure (Darimont et al., 2015).

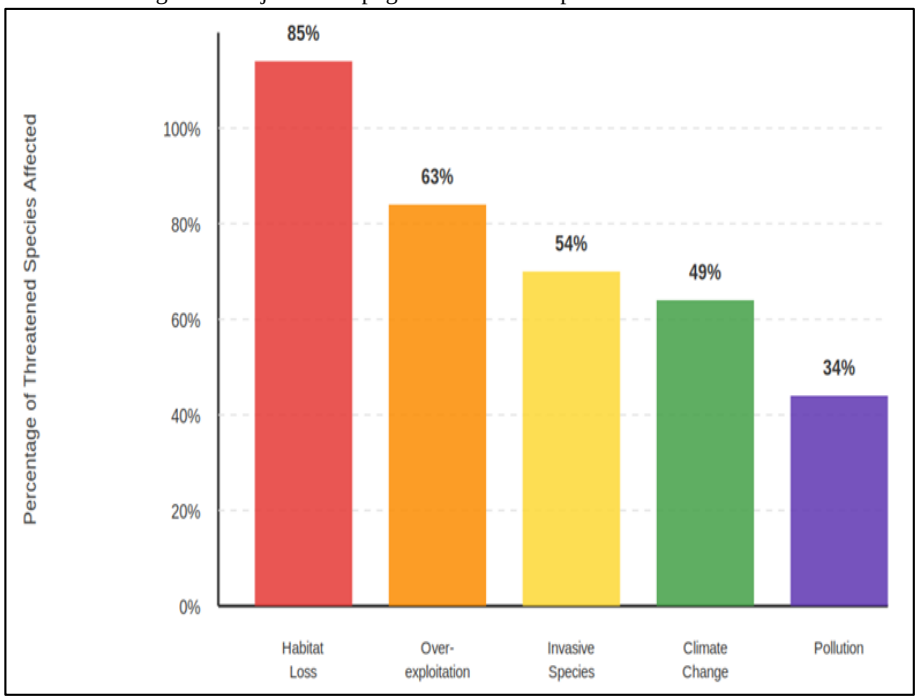
IV. INVASIVE SPECIES

Biological invasions, facilitated by human transportation networks and trade, affect 54% of threatened species and represent a leading cause of extinction on islands (Bellard et al., 2016). Invasive species exert impacts through multiple mechanisms including predation, competition, disease transmission, ecosystem engineering, and hybridization with native taxa. Islands prove particularly vulnerable due to the evolutionary naiveté of endemic species that evolved without certain predator guilds or competitive interactions.

Invasive predators have devastated island faunas worldwide. The brown tree snake (Boiga irregularis), accidentally introduced to Guam following World War II, has extirpated most of the island's forest birds and caused cascading ecosystem effects through altered seed dispersal and insect population dynamics. Rats, introduced to islands through shipping activities, prey on ground-nesting birds and their eggs, contributing to numerous extinctions. The list of species lost to invasive predators includes the Stephens Island wren (Traversia lyalli), reportedly driven extinct by a single feral cat, and numerous Hawaiian honeycreepers decimated by introduced mosquitoes vectoring avian malaria.

Competitive displacement by invasive species alters community structure and resource availability. Invasive plants often establish dense monocultures that exclude native vegetation, reducing habitat complexity and food resources for specialized herbivores and granivores. Aquatic invasions by zebra mussels (Dreissena polymorpha) filter vast quantities of plankton, restructuring food webs and reducing food availability for native filter feeders. Invasive species may also facilitate further invasions through habitat modification, creating "invasional meltdown" scenarios where ecosystem transformation accelerates biodiversity loss (Simberloff & Von Holle, 1999).

Figure 1: Major Anthropogenic Drivers of Species Extinction Riisk



Note. Data compiled from IUCN Red List assessments (n=28,338 threatened species). Multiple threats often affect individual species simultaneously; percentages therefore sum to >10096

V. CLIMATE CHANGE

Anthropogenic climate change currently affects 49% of threatened species but represents an escalating threat projected to become the primary driver of extinction in coming decades (Urban, 2015). Global average temperatures have increased approximately 1.1°C since pre-industrial times, with projections suggesting 2-4°C warming by 2100 absent substantial emissions reductions. These temperature shifts, combined with altered precipitation patterns, increased frequency of extreme weather events, and ocean acidification, create multifaceted challenges for biodiversity persistence. Species responses to climate change include range shifts, phenological adjustments, and physiological adaptation. However, the rate of contemporary climate change far exceeds that of historical events to which species successfully adapted, limiting adaptive capacity. Species with limited dispersal abilities, specialized thermal tolerances, or requirements for specific climatic conditions face particular vulnerability. Mountain-dwelling species, for instance, experience "elevational squeeze" as warming temperatures compress suitable habitat into progressively smaller areas near mountain peaks, ultimately leaving no refugia (Sekercioglu et al., 2008).

Marine ecosystems face additional climate impacts through ocean warming and acidification. Coral reefs, among Earth's most biodiverse ecosystems, experience mass bleaching events when elevated temperatures force corals to expel symbiotic zooxanthellae. Ocean acidification, resulting from atmospheric CO_2 absorption, impairs calcification in corals, mollusks, and other calcifying organisms, threatening reef structure and marine food webs. Arctic and Antarctic ecosystems face particularly rapid change, with sea ice loss disrupting ice-dependent species and altering entire ecosystem structures (Doney et al., 2012).

Phenological mismatches, where climate-driven timing shifts in one species' life cycle become desynchronized from interacting species, threaten populations dependent on precise temporal coordination. Migratory birds arriving on breeding grounds may find peak food availability has already passed if insect emergence advances faster than bird migration phenology. Such mismatches reduce reproductive success and survival, potentially driving population declines even when suitable habitat remains available (Thackeray et al., 2016).

VI. POLLUTION

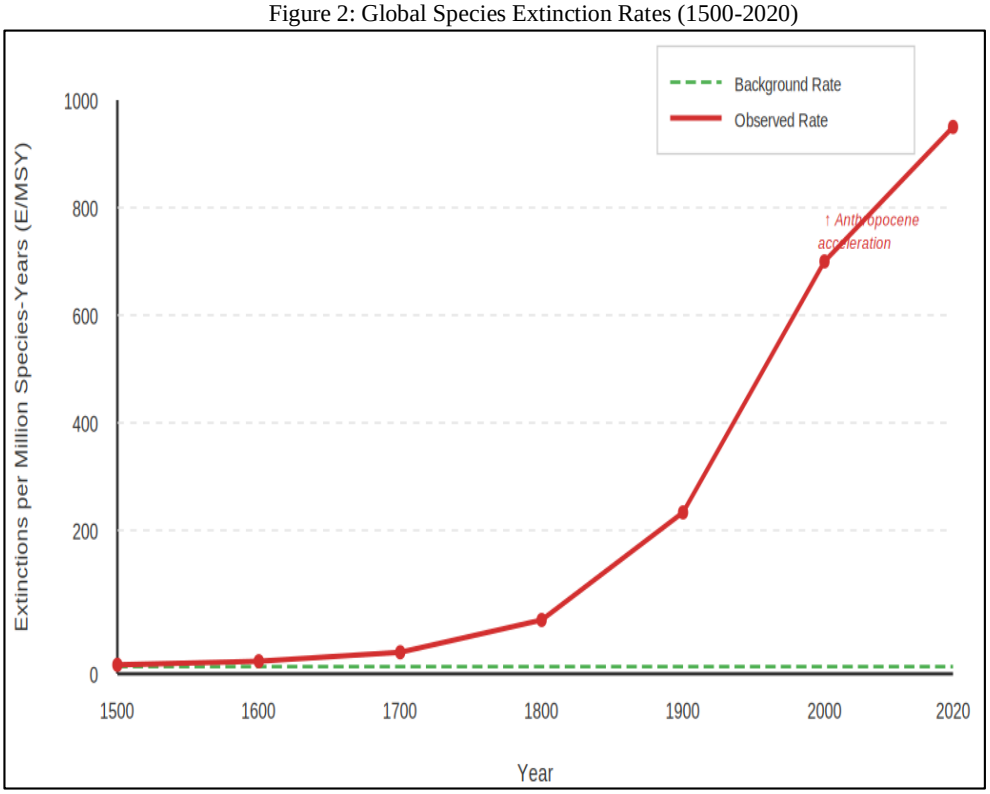
Pollution affects 34% of threatened species through mechanisms including direct toxicity, endocrine disruption, bioaccumulation, and habitat degradation (Maxwell et al., 2016). Chemical pollutants—pesticides, heavy metals, industrial effluents, pharmaceuticals—enter ecosystems through agricultural runoff, industrial discharge, and atmospheric deposition. Plastic pollution has emerged as a pervasive global threat, with microplastics detected from Arctic sea ice to deep ocean trenches, ingested by organisms across all trophic levels.

Pesticides and herbicides, while targeting agricultural pests and weeds, produce unintended effects on non-target species. Neonicotinoid insecticides have been implicated in pollinator declines, including dramatic reductions in honeybee populations and wild bee diversity. Atrazine, a widely used herbicide, acts as an endocrine disruptor in amphibians, causing developmental abnormalities and population-level effects. DDT, though banned in many countries, persists in environments and continues to thin eggshells in predatory birds through biomagnification processes (Schwarzenbach et al., 2010).

Aquatic ecosystems face particularly acute pollution pressure. Nutrient pollution from agricultural fertilizers and sewage discharge causes eutrophication, stimulating algal blooms that deplete oxygen when decomposing, creating hypoxic "dead zones" where fish and invertebrates cannot survive. Over 400 coastal dead zones now exist globally, some covering thousands of square kilometers. Heavy metal contamination from mining operations and industrial activities persists in sediments and biomagnifies through food chains, causing reproductive impairment and mortality in top predators.

Light and noise pollution represent emerging concerns with demonstrated impacts on wildlife behavior and survival. Artificial light disrupts circadian rhythms, disorients migrating birds and sea turtle hatchlings, and alters predator-prey dynamics. Anthropogenic noise masks acoustic communication in species ranging from whales to insects, interfering with mate attraction, territorial defense, and predator detection (Dominoni et al., 2020).

Figure 2: Global Species Extinction Rates (1500-2020)



Note. Data synthesized from IUCN Red List and paleontological records. The current extinction rate

VII. SYNERGISTIC EFFECTS AND EXTINCTION VORTICES

The cumulative impact of multiple stressors often exceeds the sum of their individual effects through synergistic interactions. Populations weakened by habitat loss prove more susceptible to disease outbreaks, climate extremes, or overexploitation. Such interactions create positive feedback loops termed "extinction vortices," where initial population declines trigger cascading effects that accelerate extinction risk (Brook et al., 2008).

Genetic factors contribute significantly to extinction vortices. Small populations experience reduced genetic diversity through drift and inbreeding, decreasing adaptive potential precisely when environmental change demands rapid adaptation. Inbreeding depression manifests as reduced fitness, including decreased survival, impaired disease resistance, and reproductive abnormalities. The interaction between demographic and genetic factors creates mutually reinforcing declines wherein reduced population size decreases genetic diversity, which further reduces population viability.

Trophic cascades exemplify how anthropogenic impacts on one species propagate through ecological communities. Apex predator removal alters herbivore populations, affecting vegetation structure and ecosystem processes. In marine systems, overfishing of large predators has triggered trophic cascades resulting in jellyfish blooms, sea urchin population explosions, and kelp forest degradation. Such ecosystem-level transformations can create alternative stable states resistant to restoration efforts, even when direct anthropogenic pressures are removed (Estes et al., 2011).

VIII. DISCUSSION

The preponderance of evidence demonstrates that anthropogenic activities drive contemporary extinction rates far exceeding natural background levels, with projections suggesting continued acceleration absent substantial intervention. While habitat loss currently predominates as the primary threat, climate change represents an escalating concern that may ultimately supersede other drivers in importance. The synergistic nature of these threats complicates conservation efforts, as addressing individual pressures in isolation proves insufficient when multiple stressors interact to compound extinction risk.

Conservation priorities must account for both the relative magnitude of different threats and their geographic and taxonomic distribution. Protected area expansion remains essential for reducing habitat loss, yet protected areas alone cannot address climate change, pollution, or biological invasions. Integrated approaches combining habitat protection, sustainable resource management, invasive species control, and climate mitigation offer the most promising conservation pathway. However, implementation faces substantial challenges including limited resources, conflicting stakeholder interests, and governance complexities across jurisdictional boundaries.

Several emerging conservation strategies show promise for addressing multiple threats simultaneously. Ecosystem-based adaptation enhances landscape resilience to climate change while maintaining biodiversity and ecosystem services. Restoration ecology increasingly emphasizes functional ecosystem recovery rather than purely compositional restoration, potentially accelerating recovery timelines. Ex situ conservation through captive breeding and seed banking provides insurance against extinction while populations and habitats recover, though reintroduction success remains variable across taxa.

Policy interventions require coordination across scales from local to international. The Convention on Biological Diversity's recent adoption of the Kunming-Montreal Global Biodiversity Framework establishes targets for protecting 30% of terrestrial and marine areas by 2030, reducing pollution, and addressing climate change. However, achieving these targets demands unprecedented political will, financial investment, and cross-sectoral coordination. Ultimately, halting biodiversity loss requires fundamental transformation of economic systems currently predicated on unsustainable resource extraction and consumption patterns.

IX. CONCLUSION

Anthropogenic activities have fundamentally altered Earth's ecosystems, driving extinction rates to levels characteristic of mass extinction events. Habitat destruction, overexploitation, invasive species, climate change, and pollution operate individually and synergistically to erode biodiversity across taxonomic groups and geographic regions. The current trajectory portends catastrophic biodiversity loss with profound implications for ecosystem function, human well-being, and the intrinsic value of life's diversity.

Reversing biodiversity decline demands immediate, coordinated action integrating habitat protection, sustainable resource management, invasive species control, climate mitigation, and pollution reduction. While substantial scientific understanding exists regarding extinction drivers and conservation solutions, implementation lags far behind the scale and urgency required. The window for preventing the most severe biodiversity losses narrows with each passing year, demanding transformative changes in human relationships with the natural world.

Future research should prioritize understanding threat interactions, identifying conservation strategies effective across multiple pressures, and developing predictive models for extinction risk under various intervention scenarios. Equally important is research addressing the social, economic, and political dimensions of conservation, as technical solutions alone cannot overcome governance failures or conflicting human interests. The biodiversity crisis is ultimately a crisis of human values and priorities; its resolution depends not only on scientific understanding but on collective commitment to preserving Earth's biological heritage for future generations.

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