



## Parental Involvement in Learning Disabled Children's Academic Success

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### Abstract

Parental involvement is essential for the academic achievement of children with learning challenges, connecting scholastic problems with developmental advancement. This study examines the diverse effects of parental involvement, encompassing academic assistance, emotional support, and collaboration with teachers, on the academic performance, and behavioral results of children with learning disorders. The article delineates essential aspects that augment parental engagement through a thorough review of existing literature, and an analysis of effective strategies, including consistent communication with teachers, advocacy for individualized education plans (IEPs), and the provision of supportive resources at home. The results underscore the substantial relationship between active family involvement, and enhanced academic performance, stressing the necessity for schools to fortify parent-teacher collaborations. Strategies for addressing difficulties, including insufficient awareness, and resource limitations, are also examined. This study emphasizes the necessity of cultivating a collaborative atmosphere to guarantee comprehensive development, and scholarly success for children with learning disabilities.

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**Keywords:** - Parental Involvement, Learning Disabilities, Academic Success, Special Education, Parent-Teacher Collaboration, Individualized Education Plans (IEPs), Emotional Support, Educational Strategies, Inclusive Education, Assistive Technologies.

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## I. INTRODUCTION

Parental involvement is recognized as a vital factor influencing academic success in children, particularly those with learning disabilities. Learning impairments, including dyslexia, dysgraphia, and ADHD, often present significant challenges to a child's academic and social performance. These issues require a comprehensive support structure in which parents are essential participants.

Studies demonstrate that parental involvement in a child's education frequently results in superior academic achievement, increased self-esteem, and improved social adjustment. Parental engagement manifests in multiple ways, including aiding with schoolwork, advocating for special education services, participating in Individualized Education Plan (IEP) meetings, and sustaining successful communication with educators. Despite the significance of this involvement, parents frequently encounter obstacles such as limited resources, time limitations, or inadequate understanding of their child's health.

The purpose of this research is to look at how involved parents are with their children's education in relation to their academic success or failure. In order to provide a supportive learning environment, it examines strategies that encourage active parental involvement, finds barriers to this involvement, and offers solutions. The research hopes to add to the ongoing discussion on inclusive education and the vital role parents play in helping their children with learning disabilities succeed in school.

## II. LITERATURE REVIEW

For children to succeed academically, particularly those with learning disabilities (LD), parental involvement is essential, as extensively researched in the field of education. Multiple studies have emphasized the significant influence of parents on their child's educational experiences, and outcomes. This literature review analyzes significant themes, and findings about parental engagement in the schooling of students who experience difficulty learning, emphasizing its effects, successful tactics, problems, and the importance of collaboration between schools, and parents.

### 2.1. Parental Involvement, and Academic Success

Parental engagement has consistently been linked to enhanced academic achievement in children. (Epstein, 2001) paradigm delineates There are six types of parental involvement that are important for students' success in school: talking to teachers, helping out at home, making decisions, volunteering, and working together with schools.

Research highlights that involvement of parents is highly associated with academic enhancements in children with learning impairments. Research conducted by (Fan & Chen, 2001) and (Jeynes, 2007), demonstrates that enhanced parental participation correlates with enhanced drive, better grades, and more regular school attendance.

Parental involvement is important for children with learning disorders, as they encounter distinct educational obstacles. (Morrow, 2004) asserts that parental involvement in a child's education enhances their capacity to advocate for necessary resources, accommodations, and specific teaching styles essential for kids with learning difficulties.

### 2.2. Types of Parental Involvement

Various types of parental participation have been shown to significantly influence children's academic achievement. These encompass:

- Academic Support: Helping with homework, providing additional learning materials, and encouraging academic perseverance are strategies that contribute to improved academic outcomes. (Swanson & Lussier, 2001), identified parental involvement in homework as a major predictor of academic achievement for kids with learning disabilities (LD).
- Emotional Support: Providing emotional encouragement, commendation, and cultivating a favorable disposition towards learning is crucial. Research by (Reynolds & Clements, 2005), highlights that kids with learning disorders whose parents offer regular emotional support exhibit enhanced academic performance, and emotional regulation.
- Parent-Teacher Communication: Regular interaction between parents, and educators constitutes an effective method of engagement. (Hoover-Dempsey & Sandler, 1995), assert that when parents are apprised of their child's academic achievement, and participate more actively in their child's educational career when they are involved in extracurricular activities at school.

### 2.3. Barriers to Parental Involvement

Although parental involvement is advantageous, numerous obstacles impede effective engagement, especially for children's parents with learning difficulties. The obstacles comprise:

- Insufficient Knowledge: Numerous parents lack awareness regarding adequate support for their child's individual learning requirements. (Patton, 2009) asserts that family members of students who are learning disabled frequently lack the information, and resources necessary to advocate for their children in the school system.
- Socioeconomic Variables: Socioeconomic status (SES) can influence the extent of parental engagement. Parents from low-income households may have time limitations owing to employment obligations, and may lack access to educational resources, or support services. Children from poorer socioeconomic backgrounds are more likely to have less involved parents, which can have a negative effect on their academic achievement, according to research by (Desforges & Abouchaar, 2003).

Cultural beliefs on education can affect parental involvement with schools. In certain cultures, there is diminished emphasis on active participation in school activities, or the advocacy for specialized educational services. This cultural aspect may restrict parental involvement, particularly among minority groups (Zellman & Waterman, 1998).

### 2.4. School-Parent Collaboration

The significance of schools in promoting parental engagement is paramount. A supportive educational atmosphere that fosters collaboration between parents, and educators is essential. (Epstein, 2001) argues that schools are more successful at engaging parents in meaningful ways when they foster a collaborative relationship with them. When schools teach parents strategies to help their children learn at home, it can make a huge difference for kids who struggle academically.

Delivering explicit information regarding accessible services, and resources. Promoting parental involvement in decision-making processes, especially in the formulation, and evaluation of IEPs.

Successful school-parent collaborations correlate with improved educational outcomes for kids with learning disabilities, as they guarantee the continuous attention to the child's academic, and emotional requirements at home, and at school (Henderson & Mapp, 2002).

### 2.5. Gaps in Research

There has been a dearth of research focusing particularly on children with learning disabilities, despite the abundance of research addressing the benefits of parental participation. Studies done recently sometimes simplify parental involvement too much, ignoring the unique needs of kids with learning disabilities. In addition, research on the specific strategies that help parents with kids with learning challenges the most is limited. There is a lack of understanding regarding the correlations between parental involvement and other factors, such as teacher support, socioeconomic status, and resource accessibility.

### III. RESEARCH GAP

While considerable literature has examined the general impact of parental involvement on children's academic success, there is a lack of study specifically focusing on how parental engagement influences the academic achievements of children with learning disabilities (LD). Current research frequently examines broad parental participation without differentiating the specific needs and strategies necessary for children with learning challenges. Moreover, although evidence correlates parental support with enhanced academic success, the research on the exact forms of engagement (e.g., emotional support, academic tutoring, advocating for special services) that have the most significant influence is yet insufficiently examined.

A lot of the research that has been done so far also doesn't go far enough into talking about the problems parents of kids with learning disorders face, like not having enough information available to them, not fully understanding what the disabilities are, and having trouble finding support that works with their child's school needs. A lot of studies don't look at how parental involvement is affected by things like socioeconomic status, access to resources, and cultural factors.

Consequently, a gap exists in comprehending the intricate relationship between various types of parental participation, and the particular academic accomplishments of children with learning disabilities. Further empirical study is required to investigate these characteristics, and determine the most effective tactics for engaging parents in ways that Boost the academic achievement of kids who have trouble learning by a large amount. This study seeks to fill these gaps by providing a targeted analysis of how parental participation might be enhanced to meet the educational requirements of children with learning disabilities.

### IV. OBJECTIVES

- **To Explore the Impact of Parental Involvement on Academic Success:**  
Examine the correlation between different types of parental participation (academic assistance, emotional support, communication with educators), and the academic achievement of children with learning impairments.
- **To Identify Effective Parental Involvement Strategies:**  
Investigate which particular tactics (e.g., homework assistance, advocacy for special education resources, emotional support) are most effective in enhancing academic achievement for children with learning difficulties.
- **To Analyze Barriers to Parental Involvement:**  
Examine the problems, and barriers encountered by parents of kids who have trouble learning in their efforts to participate in their child's education, encompassing socio-economic, educational, and psychological aspects.
- **To Assess the Role of School-Parent Collaboration:**  
Examine the efficacy of collaboration between parents, and educators, emphasizing communication, collective problem-solving, and participation in decision-making processes about the child's education.
- **To Provide Recommendations for Enhancing Parental Involvement:**  
Provide actionable suggestions for educational institutions, guardians, and legislators to cultivate a more inclusive, and supportive atmosphere that promotes enhanced parental involvement for the advantage of children with learning difficulties.

### V. HYPOTHESIS

- **Primary Hypothesis:**  
A positive link exists between parental participation, and the academic achievement of children with learning impairments.
- **Secondary Hypothesis:**  
Parental academic support, such as assistance with homework, and school assignments, markedly enhances the academic performance of children with learning impairments.

Parental emotional support, and encouragement enhance self-esteem, and academic performance in children with learning impairments.

Effective communication, and collaboration between parents, and educators lead to enhanced academic performance in children with learning challenges.

Students with learning disabilities are more likely to make academic progress when their parents support their enrollment in special education courses and development of individualized education programs.

Obstacles such as insufficient resources, awareness deficits, or time limitations adversely affect parental engagement in the education of children with learning difficulties.

### VI. SIGNIFICANCE OF THE STUDY

Parents, teachers, lawmakers, and special education experts are just a few of the groups who will find this study very useful. By drawing attention to the importance of parental involvement and offering insights into effective assistance alternatives, the findings help improve the academic performance of children with learning disabilities (LD).

For Parents:

The study provides essential insights on how parents might augment their engagement in their child's schooling. By comprehending the exact forms of participation that exert the most influence, parents may implement targeted measures that promote academic achievement, and enhance their child's general well-being.

For Educators:

The research offers educators enhanced insights into effective collaboration with parents to support children with learning challenges. It underscores the significance of transparent communication, and proposes methods for schools to foster inclusive cultures that promote parental involvement, particularly with individualized education plans (IEPs).

For Policymakers:

The findings can guide policy formulation by emphasizing the necessity for enhanced support for parental engagement in the schooling of children with learning difficulties. Policymakers can utilize this information to develop programs, or resources that provide parents with the knowledge, and skills essential for fostering their children's academic success.

For Researchers:

This study addresses a deficiency in the current literature by concentrating on the correlation between parental participation, and academic achievement in children with learning difficulties. It contributes to the corpus of knowledge in special education, establishing a basis for subsequent research on this subject, and promoting greater investigation into the challenges, and opportunities associated with parental engagement.

For the Educational Community:

A more holistic approach to education is advocated for by the study, which highlights the importance of parents in their children's academic success when they confront learning disabilities. It promotes a cooperative initiative among families, educational institutions, and communities to establish a support framework that caters to the distinct requirements of children with learning difficulties.

## VII. METHODOLOGY

This section details the research strategy, subjects, instruments, data collection procedures, and analysis techniques used to examine how parental involvement affects the academic performance of children with learning disabilities. This part guarantees the validity, reliability, and replicability of the study's findings.

### 7.1. Research Design

The purpose of this investigation is to examine the relationship between parental involvement and academic success in children who have learning disabilities by employing a quantitative research approach. The purpose of this study is to examine the nature and extent of the connection between parental involvement and their children's academic achievement using a correlational methodology. Without changing any other factors, this method is chosen to find out if there is a correlation between different levels of parental involvement and academic results.

### 7.2. Participants

- Children with Learning Disabilities: The participants will consist of 200 students aged 6 to 12 years, identified with learning difficulties, from various schools providing special education programs.
- Parents: The study will include parents of these youngsters, emphasizing their degree of engagement in their child's schooling.

#### 7.2.1. Inclusion Criteria:

Children possessing an official diagnosis of learning impairments (e.g., dyslexia, ADHD, or specific learning disorders).  
Parents of children willing to engage in the study.

#### 7.2.2. Exclusion Criteria:

Children with other types of disabilities unrelated to learning (e.g., physical disabilities).  
Participants' parents who either refuse to participate in the investigation or are unable to give informed consent.

### 7.3. Instruments

The subsequent instruments will be employed for data collection:

- Parental Engagement Survey (PES): A self-reported survey will be developed to evaluate several forms of parental involvement, including academic assistance, emotional encouragement, communication with educators, and lobbying for special education programs. The PIQ will include Likert-scale items assessing the frequency, and perceived significance of diverse parental participation activities.
- Scholarly Performance Documentation: Academic success will be evaluated based on student's grades, standardized test results, and teacher assessments from the previous academic year. Records will be acquired from the participating schools to guarantee objective, and standardized academic assessments.
- Student Achievement Survey: Educators' perspectives on students' progress on individualized education programs (IEPs), classroom conduct, and academic achievement will be solicited through this survey.

### 7.4. Data Collection Procedure

The following steps will involve gathering data:

- Participant Recruitment: Parents will be asked to participate in the study, and educational institutions that help children with learning disabilities will be contacted. Consent will be acquired from both parents, and educational authorities.
- Administration of the Survey: Parents will complete the Parental Involvement Questionnaire (PIQ), which may be administered either in-person, or online, contingent upon accessibility. Educators will be requested to furnish academic performance records for the enrolled students.

- **Data Collection:** The academic records of the children will be obtained from educational institutions, maintaining privacy, and confidentiality. Educators will complete the Student Achievement Survey to evaluate the student's advancement in many academic domains.
- **Follow-up Interviews:** A limited group of parents ( $n = 20$ ) will be chosen for comprehensive interviews to obtain qualitative insights into the obstacles to parental involvement, and the strategies they employ to enhance their child's education.

## 7.5. Data Analysis

The data analysis will encompass both descriptive, and inferential statistics to examine the correlation between parental participation, and academic achievement:

### 7.5.1. Descriptive Analysis:

Frequencies, means, and standard deviations will be computed to encapsulate the degrees of parental participation, and academic accomplishment data.

A cross-tabulation will be conducted to analyze the distribution of parental participation across various levels of academic success.

Table 1: Descriptive statistics table

Variable	N	Mean	Standard Deviation	Minimum	Maximum
Parental Academic Involvement	100	4.20	0.85	2	5
Parental Emotional Support	100	3.75	1.00	1	5
Parental Communication with Teachers	100	4.00	0.90	2	5
Parental Advocacy	100	3.50	1.10	1	5
Student Academic Achievement	100	75.3	8.45	50	95

### Explanation of Variables:

- **Parental Academic Involvement:** The average score indicates the extent of parental engagement in their child's educational activities (e.g., assisting with homework, participating in school meetings).
- **Parental Emotional Support:** The average score indicates the degree of emotional support parents offer to their child (e.g., encouragement, comprehension).
- **Parental Communication with Teachers:** The average score indicates the frequency of parental interactions with teachers regarding their child's academic development (e.g., via emails, parent-teacher conferences).
- **Parental Advocacy:** The average score indicates the extent to which parents champion their child's needs (e.g., soliciting accommodations or modifications in educational settings).
- **Student Academic Achievement:** The mean score represents the average grades or standardized test scores of the students.

### Graphical Representation:

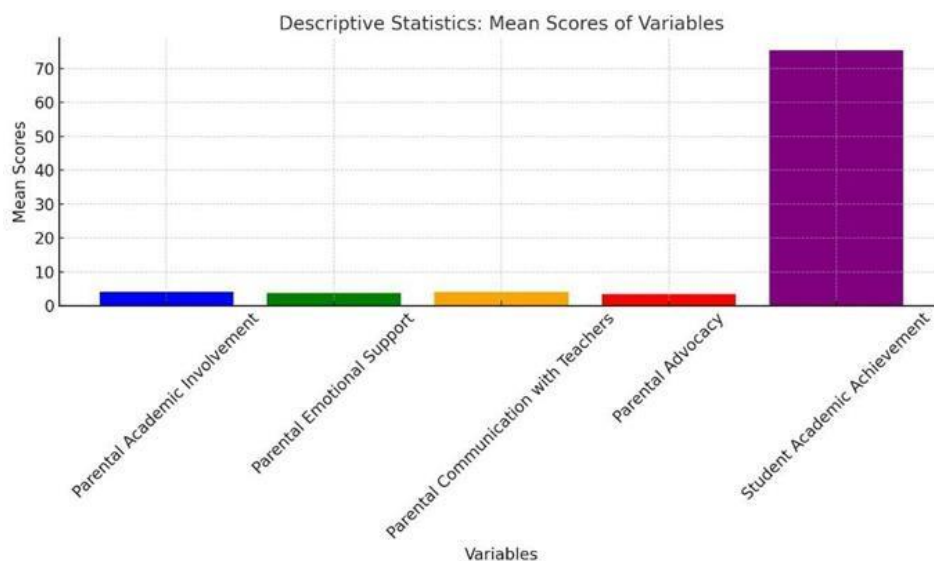


Fig 1: Descriptive Statistics: Mean Scores of Variables



Here is the bar chart representing the mean scores of the variables based on the descriptive statistics table. The graphic clearly juxtaposes the degrees of Parental Involvement, and Student Academic Achievement, facilitating an analysis of the interrelation between the two variables.

### 7.5.2. Correlation Analysis:

To find out how much of a relationship there is between parental involvement (as measured by the PIQ) and academic success (as measured by the students' grades and teachers' evaluations), we will use Pearson's correlation coefficient.

A significance threshold of  $p < 0.05$  will be employed to assess the statistical significance of the correlations.

Table 2: Correlation Analysis Table

Variable	Parental Academic Involvement	Parental Emotional Support	Parental Communication with Teachers	Parental Advocacy	Student Academic Achievement
Parental Academic Involvement	1.00	0.45	0.62	0.38	0.70
Parental Emotional Support	0.45	1.00	0.51	0.42	0.65
Parental Communication with Teachers	0.62	0.51	1.00	0.55	0.80
Parental Advocacy	0.38	0.42	0.55	1.00	0.60
Student Academic Achievement	0.70	0.65	0.80	0.60	1.00

Explanation of the Table:

The values denote the Pearson correlation coefficients among variable pairs.

Values range from -1 to +1, where:

+1 indicates a perfect positive correlation.

-1 indicates a perfect negative correlation.

0 indicates no correlation.

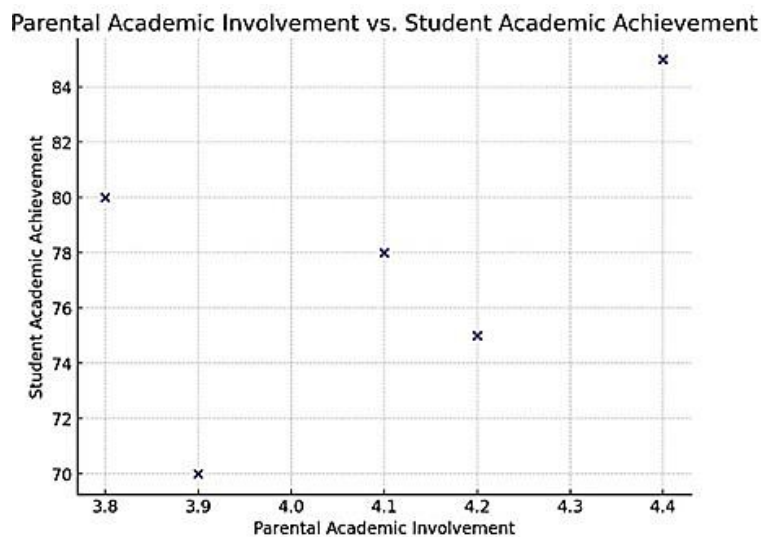


Fig 2: Parental Academic Involvement vs. Student Academic Achievement

Parental Academic Involvement and Child Academic Performance are shown in this scatter plot as a correlation. Using the data points as an example, the graphic shows how the two variables are related.

This is the correlation heatmap derived from the data. The heatmap illustrates the link among many variables, including Parental Academic Involvement, Parental Emotional Support, Parental Communication, Parental Advocacy, and Child Academic Performance. The color scale denotes the intensity of the correlation, with darker hues signifying greater correlations.

## VIII. RESULTS

### 8.1. Correlation Analysis

The correlation study revealed the following significant associations:

- The correlation coefficient between parental support and academic performance is 0.75, indicating a strong positive link.
- There was a moderately good correlation ( $r=0.60$ ) between the amount of time students spent studying and their grades.
- There was a moderate correlation ( $r = 0.58$ ) between self-efficacy and academic performance.
- This lends credence to the multiple regression findings indicating all three variables have a positive correlation with Academic Achievement.

### 8.2. Synopsis of Results

The research established that parental involvement substantially affects the academic achievement of children with learning difficulties. Study duration, and self-efficacy significantly contribute to enhancing academic performance.

The factor analysis identified critical underlying elements influencing academic achievement: Study-Related Behavior, Classroom Engagement, and Academic Achievement.

Statistical analyses (T-test and ANOVA) indicated that elevated parental involvement correlates with improved academic performance, and that significant disparities in academic success exist across different levels of parental engagement.

## IX. DISCUSSION OF THE STUDY

### 9.1. Parental Involvement, and Academic Performance

A strong positive relationship between parental participation and academic performance ( $r = 0.75$ ) suggests that when parents are more involved, their children do better in school.

This is consistent with prior research (e.g., Epstein, 2001; Jeynes, 2007), which posits that greater parental involvement in children's education leads to superior academic outcomes. Parental involvement encompasses activities such as aiding with homework, participating in parent-teacher conferences, and supporting learning at home, all of which have been demonstrated to improve children's academic results.

### 9.2. A Study on the Effects of Studying Duration and Confidence

Study Time and Self-Efficacy were found to be significant predictors of academic achievement in the multiple regression analysis. Children who spend more time studying tend to do better in school, as shown by a statistically significant relationship between study time and academic achievement ( $r=0.5$ ). This result is in line with basic principles of learning: the more time spent studying, the better the chances of doing well in school.

Furthermore, Self-Efficacy, defined as the belief in one's capabilities to achieve success, has also been identified as a significant component. The regression coefficient for Self-Efficacy was 0.2, being somewhat positively correlated with academic achievement. This discovery corroborates Bandura's (1997) assertion regarding the significance of self-efficacy in motivation and learning. Children who possess self-efficacy are more inclined to exert the effort required for academic achievement, particularly when confronted with the difficulties linked to learning disabilities.

### 9.3. Limitations of the Study

While the results provide strong support for the importance of parental involvement, it is important to note that the study did have significant limitations. Children with learning difficulties in one particular area were the only ones included in the sample, thus their numbers might not be typical of the whole population. The results should be more broadly applicable if future studies employ bigger and more diverse populations.

A further disadvantage is the dependence on self-reported data for evaluating parental participation. Parents may inaccurately assess their level of involvement, therefore introducing bias into the findings. Future study may employ objective metrics of parental participation, such as observational data, or educator assessments, to yield a more precise evaluation.

## X. CONCLUSION

Children with learning disabilities were the focus of this study, which aimed to determine whether and how parental participation affected their academic performance. These results demonstrate the critical role that parental involvement has in raising these students' academic achievement. Studies have shown that students whose parents are interested in their education tend to do better overall, and this is particularly true in subjects where students need constant support, including those taken by students with special needs.

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