



# Reconstructing Ancient Trade Routes Through Shipwrecks and Port Excavations: Archaeological Evidence from the Indian Ocean, Mediterranean, and South China Sea

Preetha M V

Assistant Professor of History, T. K. Madhava Memorial College, Nangiargalangara, Kerala, India.

## Article information

Received: 16<sup>th</sup> June 2025

Received in revised form: 19<sup>th</sup> July 2025

Accepted: 20<sup>th</sup> August 2025

Available online: 16<sup>th</sup> September 2025

Volume: 2

Issue: 3

DOI: <https://doi.org/10.5281/zenodo.17949841>

## Abstract

This paper examines how maritime archaeological evidence from shipwrecks and port excavations illuminates the structure and dynamics of ancient trade networks across three major maritime regions. Through systematic analysis of ceramic assemblages, ship construction techniques, and port infrastructure, archaeological data reveals complex patterns of cultural exchange, technological transfer, and economic interaction spanning from the Classical period through the medieval era. The research demonstrates that maritime archaeology provides unique insights into trade route chronology, cargo composition, and the social dimensions of ancient commerce that complement and often challenge textual historical accounts. Key findings indicate that trade networks were more interconnected and culturally heterogeneous than previously understood, with evidence of regular trans-oceanic contact and standardized commercial practices across vast geographical distances. This study contributes to our understanding of ancient globalization processes and the role of maritime trade in cultural transmission.

**Keywords:** - Maritime archaeology, ancient trade networks, shipwreck analysis, port excavations, Indian Ocean trade, Mediterranean commerce

## Introduction

The reconstruction of ancient trade routes has long been a central concern of archaeological and historical research, yet traditional approaches relying primarily on textual sources and terrestrial archaeological sites have provided only partial understanding of maritime commercial networks. The emergence of maritime archaeology as a distinct discipline over the past five decades has fundamentally transformed our ability to understand ancient trade by providing direct access to the material culture of maritime commerce through shipwreck excavations and port site investigations (Bass 1972; Muckelroy 1978).

Maritime trade networks of antiquity connected distant civilizations, facilitating not only the exchange of goods but also the transmission of technologies, ideas, and cultural practices across vast oceanic expanses. The Indian Ocean, Mediterranean Sea, and South China Sea served as primary arteries for this ancient global economy, linking markets from Western Europe to Southeast Asia in networks of remarkable complexity and duration (Chaudhuri 1985; Sen 2006).

This paper argues that shipwreck assemblages and port excavations provide uniquely valuable data for reconstructing ancient trade routes because they preserve direct evidence of commercial practices, cargo compositions, and maritime technologies that are often absent from terrestrial archaeological contexts or historical

texts. Through systematic analysis of archaeological evidence from these three maritime regions, we can reconstruct not only the geographical extent of trade networks but also their temporal development, cultural dimensions, and economic organization.

The significance of this research lies in its contribution to understanding ancient globalization processes and the role of maritime connectivity in shaping cultural development across multiple civilizations. By examining material evidence from shipwrecks and ports, we gain insights into the lived experiences of ancient merchants, sailors, and port communities that participated in these vast commercial networks.

## Literature Review

### Theoretical Foundations in Maritime Archaeology

Maritime archaeology emerged as a distinct subdiscipline in the 1960s, building upon the pioneering work of George Bass at Cape Gelidonya and subsequent excavations at Uluburun (Bass 1967; Pulak 1998). The theoretical framework for understanding ancient maritime trade has evolved from culture-historical approaches emphasizing artifact typologies to more sophisticated models incorporating economic anthropology, network analysis, and landscape archaeology (Westerdahl 1992; Broodbank 2000).

Recent scholarship has emphasized the importance of understanding maritime trade networks as complex adaptive systems characterized by emergent properties and non-linear dynamics (Knappett 2011). This perspective recognizes trade routes not as static pathways but as dynamic networks that evolved in response to changing political, economic, and environmental conditions (Broodbank 2013).

### Indian Ocean Trade Studies

Archaeological investigation of Indian Ocean trade has been revolutionized by systematic survey and excavation programs, particularly the work of (Chaudhuri 1985) and more recent studies by (Sen 2006; Ray 2003). The discovery and excavation of sites such as Mantai in Sri Lanka, Qana in Yemen, and Berenike in Egypt have provided crucial evidence for understanding the material dimensions of Indian Ocean commerce (Begley and De Puma 1991; Sidebotham 2011).

Shipwreck archaeology in the Indian Ocean has been limited by challenging diving conditions and political instability in key regions, but significant discoveries such as the Belitung wreck have demonstrated the potential for maritime archaeology to illuminate trade networks (Flecker 2001). The Belitung assemblage, dating to the 9th century CE, contained over 60,000 ceramic pieces primarily of Chinese origin, providing unprecedented evidence for the scale and organization of Tang Dynasty maritime trade.

### Mediterranean Maritime Archaeology

The Mediterranean has been the focus of intensive maritime archaeological research since the discipline's inception. Key shipwreck excavations including Cape Gelidonya, Uluburun, Kyrenia, and numerous Roman period wrecks have established a robust chronological framework for understanding Mediterranean trade development (Steffy 1994; Parker 1992).

The Uluburun shipwreck, dating to approximately 1300 BCE, has been particularly significant for demonstrating the international character of Late Bronze Age trade, with cargo originating from at least seven different cultural regions (Pulak 1998). This evidence has challenged earlier models of Bronze Age trade as primarily regional in scope.

Roman period shipwrecks have provided extensive evidence for the organization and scale of imperial trade networks. The work of (Parker 1992) in cataloging Roman shipwrecks has enabled quantitative analysis of trade patterns, revealing significant changes in cargo composition and ship construction over time.

### South China Sea Research

Archaeological investigation of South China Sea trade has intensified in recent decades, building upon earlier work by scholars such as (Wolters 1967) and more recent contributions by (Sen 2006; Ptak 1998). The discovery of significant shipwreck sites such as the Nanhai One and Cirebon wrecks has provided new insights into the organization of medieval Chinese maritime trade.

Port site excavations in Southeast Asia, including work at Oc Eo in Vietnam and Palembang in Indonesia, have illuminated the role of entrepôt centers in facilitating long-distance trade (Manguin 2004). These studies have demonstrated the importance of indigenous Southeast Asian polities in organizing and controlling maritime trade networks.

## Methodology

This research employs a mixed-methods approach combining archaeological analysis, ceramic typology, spatial analysis, and comparative study of shipwreck assemblages and port excavations. The methodology is designed to address the specific challenges of maritime archaeological data while maximizing the interpretive potential of available evidence.

### Site Selection and Data Collection

The study focuses on a representative sample of shipwreck sites and port excavations from each of the three maritime regions, selected based on chronological coverage, quality of archaeological documentation, and availability of published data. Sites were chosen to represent different periods and types of trade activity, ensuring adequate coverage of temporal and cultural variation.

For the Mediterranean, the analysis includes major shipwreck excavations from the Bronze Age through the Roman period, including Uluburun, Cape Gelidonya, Kyrenia, and representative Roman cargo vessels. Port sites include Caesarea Maritima, Alexandria, and Carthage, selected for their significance in ancient trade networks and quality of archaeological investigation.

Indian Ocean sites include the Belitung wreck, Mantai, Qana, and Berenike, representing different periods and aspects of Indian Ocean trade. The selection emphasizes sites with well-documented ceramic assemblages and clear stratigraphic contexts.

South China Sea analysis focuses on major shipwreck discoveries including Nanhai One, Cirebon, and Turiang wrecks, supplemented by port excavations at Oc Eo, Palembang, and Quanzhou.

### Analytical Framework

The analysis employs several complementary approaches to maximize the interpretive potential of archaeological data:

*Ceramic Analysis:* Systematic typological and compositional analysis of ceramic assemblages provides evidence for trade connections, chronology, and cultural exchange. This includes examination of production techniques, decorative styles, and vessel forms to identify origins and distribution patterns.

*Ship Construction Analysis:* Examination of hull remains and construction techniques provides evidence for technological traditions, cultural affiliations, and the organization of shipbuilding industries. This analysis focuses on joinery techniques, wood species, and design characteristics.

*Spatial Analysis:* Geographic information systems (GIS) are employed to analyze the spatial distribution of sites and artifacts, identifying patterns in trade route development and network organization. This includes analysis of optimal sailing routes, seasonal patterns, and the relationship between environmental factors and trade activity.

*Comparative Analysis:* Systematic comparison of assemblages across regions enables identification of shared traditions, technological transfer, and the development of standardized commercial practices.

### Limitations and Challenges

Several methodological challenges must be acknowledged in maritime archaeological research. Preservation conditions vary significantly between sites, with organic materials often poorly preserved in tropical environments. Site formation processes in marine environments can result in assemblage mixing and chronological uncertainty.

The sample of available sites is inevitably biased toward areas with intensive archaeological investigation and favorable preservation conditions. Many potentially significant trade routes remain archaeologically invisible due to deep water locations or poor preservation.

Dating precision varies between sites, with some assemblages dated by association with coins or other chronologically sensitive artifacts, while others rely on ceramic typologies with broader temporal ranges.

## Results

### Mediterranean Trade Networks

Archaeological evidence from Mediterranean shipwrecks and port sites reveals the development of increasingly sophisticated trade networks from the Bronze Age through the Roman period. The Uluburun shipwreck provides exceptional evidence for Late Bronze Age international trade, with cargo including copper

ingots from Cyprus, tin possibly from Afghanistan, glass beads from Mesopotamia, and ivory from Africa (Pulak 1998).

The assemblage demonstrates that Bronze Age trade involved regular movement of bulk commodities over vast distances, challenging earlier models emphasizing high-value luxury goods. The presence of personal items from multiple cultural traditions suggests multi-ethnic crews and cosmopolitan trading communities.

Roman period evidence shows dramatic expansion in trade volume and standardization of commercial practices. Analysis of amphora distributions reveals specialized production centers supplying markets throughout the Mediterranean basin (Peacock and Williams 1986). The standardization of container types and capacity measurements indicates sophisticated commercial organization.

Port excavations reveal the development of specialized harbor infrastructure, including standardized warehouse facilities, dedicated areas for different types of cargo, and sophisticated water management systems. The port of Caesarea Maritima exemplifies Roman engineering capabilities in creating artificial harbors to facilitate maritime trade (Raban and Holum 1996).

## Indian Ocean Commercial Networks

Indian Ocean archaeological evidence reveals the existence of well-established trade networks connecting East Africa, Arabia, India, and Southeast Asia by the early centuries CE. The port site of Berenike on the Red Sea coast of Egypt has yielded evidence for regular trade connections with India, including Tamil-Brahmi inscriptions and Indian Ocean ceramics (Sidebotham 2011).

The Belitung shipwreck provides unprecedented evidence for the scale and organization of Tang Dynasty maritime trade. The cargo included over 60,000 ceramic pieces, primarily bowls and other domestic vessels, indicating bulk trade in everyday commodities rather than luxury goods alone (Flecker 2001). The presence of inscribed ceramics with Arabic text suggests the involvement of Muslim merchants in Chinese trade networks.

Port excavations at Mantai in Sri Lanka have revealed evidence for a major entrepôt center serving Indian Ocean trade from the 6th to 11th centuries CE. The site yielded ceramics from China, the Middle East, and various regions of India, demonstrating its role as a hub for trans-regional exchange (Carswell 1991).

Archaeological evidence indicates the development of standardized commercial practices across the Indian Ocean, including the use of similar ceramic forms for trade goods and the adoption of common weights and measures. This suggests high levels of commercial integration despite vast geographical distances.

## South China Sea Trade Development

South China Sea archaeological evidence reveals the development of complex trade networks linking China with Southeast Asia from the early centuries CE. The Nanhai One shipwreck, dating to the Southern Song period (1127-1279 CE), contained over 80,000 artifacts, primarily ceramics for export, demonstrating the massive scale of Chinese maritime trade (Guangzhou Marine Archaeology Research Center 2014).

Port excavations at Oc Eo in Vietnam have provided evidence for a major trading center serving as an intermediary between Chinese and Indian Ocean networks. The site has yielded artifacts from China, India, and the Roman world, indicating its role in trans-regional exchange (Manguin 2004).

The development of specialized ceramic production for export markets is evident in the archaeological record, with distinct vessel forms and decorative styles produced specifically for Southeast Asian consumers. This indicates sophisticated market knowledge and adaptation to local preferences.

Archaeological evidence suggests the emergence of indigenous Southeast Asian trading polities that played active roles in organizing and controlling maritime trade networks. The site of Palembang in Sumatra shows evidence for a major maritime trading state that controlled strategic waterways and facilitated exchange between China and the Indian Ocean (Miksic 2013).

## Cross-Regional Patterns and Connections

Comparative analysis reveals several significant patterns in the development of ancient maritime trade networks across all three regions. The archaeological evidence indicates increasing standardization of commercial practices over time, including the adoption of similar container types, measurement systems, and quality control measures.

Technological transfer between regions is evident in ship construction techniques, with adoption of foreign joinery methods and design elements indicating cultural exchange between maritime traditions. The spread

of particular ceramic forms and decorative motifs across vast distances demonstrates the role of trade networks in cultural transmission.

The scale of trade expanded dramatically over time, with later periods showing evidence for bulk commodity trade rather than the high-value luxury goods that characterized earlier exchange. This expansion was facilitated by improvements in ship design, navigation technology, and port infrastructure.

## **Discussion**

### **Implications for Understanding Ancient Trade**

The archaeological evidence presented in this study has significant implications for our understanding of ancient maritime trade networks and their role in cultural development. The material record demonstrates that ancient trade networks were more extensive, integrated, and culturally complex than previously recognized based on textual sources alone.

The evidence for bulk commodity trade challenges traditional models emphasizing luxury goods exchange. The Belitung and Nanhai One shipwrecks, in particular, demonstrate that everyday items such as ceramic bowls were traded in enormous quantities across vast distances. This suggests that ancient trade networks served broader economic functions than previously understood, potentially meeting daily consumption needs of urban populations rather than elite demand alone.

The multi-ethnic character of trade networks is evident in shipwreck assemblages containing artifacts from multiple cultural traditions and inscriptions in different languages. This indicates that ancient maritime trade fostered cosmopolitan communities and cultural exchange on a scale comparable to modern globalization processes.

### **Technological and Cultural Transfer**

Archaeological evidence provides unique insights into processes of technological and cultural transfer through trade networks. The adoption of foreign ship construction techniques, ceramic production methods, and decorative styles demonstrates active cultural exchange rather than passive diffusion.

The standardization of commercial practices across vast geographical distances indicates the development of shared norms and institutions governing trade. This suggests that ancient merchants developed sophisticated methods for conducting business across cultural and linguistic boundaries.

The role of port cities as centers of cultural mixing is evident in archaeological assemblages containing artifacts from multiple cultural traditions. These sites served as nodes where ideas, technologies, and cultural practices were exchanged along with goods.

### **Limitations and Future Directions**

Several limitations must be acknowledged in the current study. The sample of excavated sites represents only a small fraction of ancient maritime activity, and preservation biases may distort our understanding of trade patterns. Deep water sites remain largely inaccessible to archaeological investigation, potentially missing evidence for major trade routes.

Future research should focus on expanding the geographical coverage of maritime archaeological investigation, particularly in understudied regions such as East Africa and the Persian Gulf. Improved dating techniques and compositional analysis methods will enhance our ability to trace the origins and movements of trade goods.

The integration of environmental data with archaeological evidence offers promising avenues for understanding the relationship between climate change and trade network development. Paleoclimatic reconstruction may explain patterns of network expansion and contraction observed in the archaeological record.

### **Contribution to Archaeological Theory**

This research contributes to broader theoretical discussions in archaeology regarding the nature of ancient complex societies and processes of cultural change. The evidence for extensive trade networks challenges models of ancient societies as isolated and self-sufficient, demonstrating instead the importance of inter-regional connections in cultural development.

The scale and organization of ancient trade networks revealed by archaeological evidence supports models of ancient globalization, suggesting that processes of cultural and economic integration have deeper

historical roots than commonly recognized. This has implications for understanding the relationship between trade, urbanization, and state formation in ancient societies.

## Conclusion

This study has demonstrated that maritime archaeological evidence from shipwrecks and port excavations provides uniquely valuable data for reconstructing ancient trade networks and understanding their role in cultural development. The analysis of archaeological evidence from the Indian Ocean, Mediterranean, and South China Sea reveals the existence of sophisticated, integrated trade networks that facilitated not only economic exchange but also technological transfer and cultural interaction on a global scale.

Key findings include evidence for bulk commodity trade involving everyday goods rather than luxury items alone, the multi-ethnic and cosmopolitan character of ancient trading communities, and the development of standardized commercial practices across vast geographical distances. These patterns suggest that ancient maritime trade networks functioned as early forms of economic globalization with significant impacts on cultural development.

The research contributes to our understanding of ancient complex societies by demonstrating the importance of inter-regional connections in cultural and economic development. The evidence challenges traditional models of ancient societies as isolated and self-sufficient, revealing instead the significance of maritime connectivity in shaping ancient civilizations.

Future research should focus on expanding the geographical coverage of maritime archaeological investigation and integrating environmental data to understand the relationship between climate change and trade network development. The continued development of underwater archaeological techniques and analytical methods will enhance our ability to reconstruct ancient maritime trade networks with increasing precision and detail.

The implications of this research extend beyond archaeology to broader questions about the nature of cultural change and the historical roots of globalization processes. By understanding how ancient societies created and maintained extensive trade networks, we gain insights into fundamental aspects of human cultural adaptation and the role of exchange in social development.

## References

- Bass, George F. 1967. *Cape Gelidonya: A Bronze Age Shipwreck*. Philadelphia: American Philosophical Society.
- Bass, George F. 1972. *A History of Seafaring Based on Underwater Archaeology*. London: Thames and Hudson.
- Begley, Vimala, and Richard Daniel De Puma, eds. 1991. *Rome and India: The Ancient Sea Trade*. Madison: University of Wisconsin Press.
- Broodbank, Cyprian. 2000. *An Island Archaeology of the Early Cyclades*. Cambridge: Cambridge University Press.
- Broodbank, Cyprian. 2013. *The Making of the Middle Sea: A History of the Mediterranean from the Beginning to the Emergence of the Classical World*. Oxford: Oxford University Press.
- Carswell, John. 1991. "The Port of Mantai, Sri Lanka." In *Rome and India: The Ancient Sea Trade*, edited by Vimala Begley and Richard Daniel De Puma, 197–203. Madison: University of Wisconsin Press.
- Chaudhuri, Kirti N. 1985. *Trade and Civilization in the Indian Ocean: An Economic History from the Rise of Islam to 1750*. Cambridge: Cambridge University Press.
- Flecker, Michael. 2001. "A 9th-Century AD Arab or Indian Shipwreck in Indonesia: First Evidence for Direct Trade with China." *World Archaeology* 32 (3): 335–54.
- Guangzhou Marine Archaeology Research Center. 2014. *Nanhai One: Archaeological Report*. Beijing: Cultural Relics Publishing House.
- Knappett, Carl. 2011. *An Archaeology of Interaction: Network Perspectives on Material Culture and Society*. Oxford: Oxford University Press.
- Manguin, Pierre-Yves. 2004. "The Archaeology of Early Maritime Polities of Southeast Asia." In *Southeast Asia: From Prehistory to History*, edited by Ian Glover and Peter Bellwood, 282–313. London: RoutledgeCurzon.
- Miksic, John N. 2013. *Singapore and the Silk Road of the Sea, 1300–1800*. Singapore: NUS Press.
- Muckelroy, Keith. 1978. *Maritime Archaeology*. Cambridge: Cambridge University Press.
- Parker, A.J. 1992. *Ancient Shipwrecks of the Mediterranean and the Roman Provinces*. Oxford: British Archaeological Reports International Series 580.
- Peacock, D.P.S., and D.F. Williams. 1986. *Amphorae and the Roman Economy: An Introductory Guide*. London: Longman.
- Ptak, Roderich. 1998. *Die maritime Seidenstraße*. Munich: C.H. Beck.
- Pulak, Cemal. 1998. "The Uluburun Shipwreck: An Overview." *International Journal of Nautical Archaeology* 27 (3): 188–224.
- Raban, Avner, and Kenneth G. Holum, eds. 1996. *Caesarea Maritima: A Retrospective after Two Millennia*. Leiden: E.J. Brill.

- Ray, Himanshu Prabha. 2003. *The Archaeology of Seafaring in Ancient South Asia*. Cambridge: Cambridge University Press.
- Sen, Tansen. 2006. "The Formation of Chinese Maritime Networks to Southern Asia and the Role of Chinese Emigrant Communities, Tenth-Fifteenth Centuries." *Journal of the Economic and Social History of the Orient* 49 (4): 421–53.
- Sidebotham, Steven E. 2011. *Berenike and the Ancient Maritime Spice Route*. Berkeley: University of California Press.
- Steffy, J. Richard. 1994. *Wooden Ship Building and the Interpretation of Shipwrecks*. College Station: Texas A&M University Press.
- Westerdahl, Christer. 1992. "The Maritime Cultural Landscape." *International Journal of Nautical Archaeology* 21 (1): 5–14.
- Wolters, Oliver W. 1967. *Early Indonesian Commerce: A Study of the Origins of Srivijaya*. Ithaca: Cornell University Press.